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# Characteristics of niosomes prepared by supercritical carbon dioxide ( $\sec CO_2$ ) fluid

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#### **Abstract**

Characteristics of niosomes prepared by a novel supercritical carbon dioxide fluid ( $\sec O_2$ ) technique have been investigated. Niosomes were composed of Tween61/cholesterol at 1:0, 3:1, 1:1, 1:3 and 0:1 molar ratios and entrapped with  $D-(+)$ -glucose by the  $\sec O_2$  method without and with ethanol at 5, 10 and 15 % (w/w) as a co-solvent, and the conventional chloroform film method with sonication. Tween61/cholesterol at 1:1 molar ratio niosomes prepared by all methods exhibited the best physical stability. Niosomes by the  $\secO_2$  method with 10% (w/w) ethanol gave higher trapping efficiency (12.22  $\pm$  0.26%) than those by the conventional chloroform film method with sonication (10.85  $\pm$  0.24%) and the  $\secO_2$  method without ethanol (8.40  $\pm$  1.60%). Niosomes by the  $\secO_2$  method with and without ethanol were large unilamellar structure under TEM with the average sizes of  $271.9 \pm 159.6$  and  $202.5 \pm 136.7$  nm, respectively, whereas those by the conventional chloroform film method with sonication were multilamellar and unilamellar structure with the average size of  $58.4 \pm 74.6$  nm. However, the dispersibility of niosomes by the conventional chloroform film method with sonication was better than that by the scCO<sub>2</sub> either with or without ethanol, because of smaller particle size. This present study has demonstrated the trapping efficiency enhancement of water-soluble compounds in niosomes by the scCO<sub>2</sub> method with  $10\%$  (w/w) of ethanol.

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*Keywords:* Niosomes; Supercritical carbon dioxide; Conventional method; Water-soluble compounds; Trapping efficiency

## **1. Introduction**

Bilayer vesicles, such as liposomes and niosomes, are widely known as efficient and sophisticate delivery systems for drugs, vitamins and cosmetics. Spherical vesicles consisting of amphiphatic lipid for liposomes and non-ionic surfactants for niosomes are arranged in one or more concentric bilayers. Both vesicles can entrap water-soluble substances in the inner aqueous phase and oil soluble substances in the vesicular membrane. Niosomes, non-ionic surfactant vesicles, are now widely studied

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as an alternative to liposomes, because they alleviate the disadvantages associated with liposomes [\(Florence and Baillie, 1989;](#page-7-0) [Beugin et al., 1998\)](#page-7-0) such as chemical instability, variable purity of phospholipids and high cost [\(Vora et al., 1998\).](#page-7-0) Niosomes can be prepared by the same procedure as of liposomes e.g. conventional chloroform film method ([Bangham et al., 1965\),](#page-6-0) reverse phase evaporation ([Szoka and Papahadjopoulos, 1978\)](#page-7-0) and ethanol injection [\(Batzri and Korn, 1973\).](#page-6-0) Most methods require large amount of organic solvent that toxic to human and environments and have multisteps. Some preparation methods even without using organic solvents such as heating method [\(Mozafari et al., 2007\)](#page-7-0) and polyol dilution method ([Kikuchi et](#page-7-0) [al., 1994\),](#page-7-0) there are problems of using high temperature that is not suitable for heat labile substances. In pharmaceutical industries, techniques for preparing bilayer vesicles have been highlighted in decreasing toxicity while improving stability and

*Abbreviations:* scCO<sub>2</sub>, supercritical carbon dioxide.

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solubility of pharmaceutical materials. Recently, supercritical fluids have been used as an alternative one step preparation of several bilayer vesicles at low temperature. Supercritical fluid is defined as a substance above its critical temperature (Tc) and critical pressure (Pc). At the critical point, supercritical fluids have the properties of density as liquid and low viscosity with better flow property as gas. Carbon dioxide is a widely used gas to produce supercritical fluid because of its low critical temperature  $(Tc = 31.1 \degree C)$  and pressure (Pc = 73.8 bar). It has high solvating power property in the near critical point. Similar to non-polar solvent, it can be adjusted by changing pressure or temperature. Supercritical carbon dioxide ( $\sec O_2$ ) can be used to substitute organic solvent to form bilayer vesicles with the advantages of being environmental friendly, non-toxic, non-inflammable and inexpensive [\(Bunker et al., 1997; Heo et al., 2000; Cooper,](#page-6-0) [2000\).](#page-6-0) The modest operating conditions of  $\sec O_2$  are attractive for trapping water-soluble and thermal-labile compounds in bilayer vesicles. However, the solvating power of carbon dioxide near critical point has some limitation for polar materials and most lipophilic drugs ([DeSimone et al., 1992; Gupta and Shim,](#page-7-0) [2007\).](#page-7-0) Thus, the term of "CO<sub>2</sub>-philic" is often used instead ([DeSimone et al., 1992\).](#page-7-0) The additional of ethanol has been used as a co-solvent to enhance the trapping efficiency of several water-soluble compounds in the bilayer vesicles ([Otake et](#page-7-0) [al., 2001\).](#page-7-0) [Manosroi et al. \(2003\)](#page-7-0) have reported that niosomes composed of Tween61 and cholesterol (20 mM) at 1:1 molar ratio prepared by the conventional chloroform film method with sonication gave the trapping efficiency of glucose of only 5%. In this study, the preparation method based on  $\sec O_2$  will be used to improve trapping efficiency of water-soluble compounds in niosomes. The trapping efficiency of glucose in niosomes composed of Tween61 and cholesterol at various molar ratios by the  $\sec CO_2$  method with and without ethanol as a co-solvent will be compared with the conventional chloroform film method with sonication. Other characteristics including particle size, morphology, microviscosity and dispersibility of the vesicles were also investigated.

#### **2. Materials and methods**

## *2.1. Materials*

Tween61 (polyoxyethylene sorbitan monostearate, Sigma Chemical Co., St Louis, USA) and cholesterol, Dulbecco's PBS (Wako Pure Chemical Industrial Ltd., Osaka, Japan) were used.  $D-(+)$ -Glucose was purchased from Wako Pure Chemical Industrial Ltd. Ethanol was from Sigma Chemical Co. Glucose-CII-test kits were purchased from Wako Pure Chemical Industrial Ltd., Osaka, Japan. Cellophane tube was from Vinkase Companies, Inc.

## *2.2. Apparatus*

The  $\sec O_2$  apparatus for niosome preparation consisted of two parts which were the volume view cell that has two glass windows on both sides and the high-pressure pump for feeding  $CO<sub>2</sub>$  gas. The temperature inside the volume view cell was

measured by a Pt resistance thermometer. The pressure was measured with a strain gauge. The mixtures in volume view cell were continuously mixed by a magnetic stirring tip [\(Otake et al., 2001,](#page-7-0) [2006a, b; Imura et al., 2003; Ri et al., 2005\).](#page-7-0)

## *2.3. Methods*

# *2.3.1. Niosomes prepared by the conventional chloroform film method with sonication*

The molar ratios of Tween61 and cholesterol were at 1:0, 3:1, 1:1, 1:3 and 0:1 with the concentration fixed to 20 mM. Briefly, Tween61 and cholesterol were dissolved in chloroform in a test tube. The solvent was removed by blowing nitrogen gas into the test tubes and the residual solvent was dried overnight at room temperature (37  $\degree$ C) in a vacuum to give a thin film. An amount of  $15$  ml of  $0.2 M$  of  $p-(+)$ -glucose in Dulbecco's PBS was added to the film and the mixture was warmed at  $60^{\circ}$ C for 5 min. The test tube was shaken vigorously by a vortex mixer to yield multilamellar vesicles (MLV). The vesicles were sonicated for 3 min by a bath sonicator (Branson B220, Smithkline company) at 125-W energy output. Each sample at each time was put in the same location in the bath sonicator.

# *2.3.2. Niosomes prepared by the scCO2 method without ethanol*

The conditions for niosome preparation by the  $\rm{scCO}_{2}$  method were performed according to the work previously described ([Otake et al., 2001; Manosroi et al., 2003; Imura et al., 2003\).](#page-7-0) The total amount of 20 mM in each batch of Tween61 mixed with cholesterol together with  $0.2$  mol/l  $D-(+)$ -glucose in Dulbecco's PBS (15 ml) was added into the view cell. The volume of the view cell was ca  $50 \text{ cm}^3$ . The temperature in the cell was raised to  $60^{\circ}$ C and the CO<sub>2</sub> gas was introduced into the view cell. The pressure and temperature in the view cell were maintained at 200 bar and  $60 \pm 1$  °C, respectively. During the pressurization step, the temperature remained constant by a temperature controller equipped with a Pt resistant thermometer. After 30 min with magnetic stirring until equilibrium, the pressure was released and niosomal dispersions were obtained. The effect of composition of Tween61/cholesterol at 1:0, 3:1, 1:1, 1:3, 0:1 molar ratio on the physical stability and trapping efficiency were investigated.

# *2.3.3. Niosomes prepared by the scCO2 method with ethanol*

The niosomal composition which gave the best dispersibility and highest glucose trapping efficiency from the conventional chloroform film method with sonication was selected to prepare by the  $\sec O_2$  method with ethanol up to 15 % (w/w) as a co-solvent. Tween61, cholesterol,  $D-(+)$ -glucose in Dulbecco's PBS and ethanol were added into the view cell with the same procedure as described in Section 2.3.2.

### *2.3.4. Trapping efficiency of glucose in niosomes*

The niosomal dispersions were dialyzed against water using a cellophane tube (Vinkase Companies, Inc.) to remove the unentrapped glucose. The temperature was kept at  $0^{\circ}$ C during <span id="page-2-0"></span>the dialysis. Niosomes inside the tube were collected and their membranes were disrupted by ethanol. The amount of glucose was determined by the mutarotase GOD method [\(Coxon and](#page-7-0) [Schaffer, 1971; Miwa and Okuda, 1974\)](#page-7-0) and a spectrophotometer using Glucose-CII test kits. The trapping efficiency of glucose in niosomes was calculated according to following equation.

% Trapping efficiency

glucose contents in niosomes  $\times 100$ total glucose contents in the niosomal dispersion

#### *2.3.5. Physical properties of niosomes*

*2.3.5.1. Particle size.* The particle size of niosomes was measured by dynamic light scattering (DLS) apparatus (NICOMP 380 ZLS, Particle Sizing Systems, Santa Barbara, CA). The dispersions were diluted to about 100 times with Dulbecco's PBS. The time-dependent correlation function on the scattered light intensity was measured at a scattering angle of 90◦ and wavelength at 535 nm.

*2.3.5.2. Morphology.* The dispersion of niosomes was rapidly frozen in liquid propane using cryo-preparation apparatus (Leica EM CPC, Leica Co., Vienna, Austria). The frozen sample was fractured in freeze-replica-making apparatus (FR-7000A, Hitashi Science Co., Tokyo, Japan) at −150 ◦C. The fracture surface was replicated by evaporating platinum at an angle of  $45^{\circ}$ C and followed by carbon to strengthen the replica. It was placed on a 150 mesh copper grid after washing with acetone and water. The vesicles were observed under a transmission electron microscope (JEM-1200EX, JEOL Co.).

*2.3.5.3. Transition temperature analysis of niosomes.* Thermal analysis of the niosomal dispersion was determined by differential scanning calorimeter (DSC 8230, Rigaku Co., Tokyo, Japan). The Dulbecco's PBS was used as a reference. Twenty microliters of the niosomal dispersion was placed in the aluminium pan sample vessel and the vessel was then carefully sealed. The measurement condition was at 1 K/min for scanning rate,  $30-70$  °C for the scanning range and 0.1 mcal/s for the sensitivity.

*2.3.5.4. Microviscosity of the niosomal membrane.* DPH (1,6 diphenyl-1,3,5-hexatriene) in tetrahydrofuran (THF) was used as a fluorescent probe by a fluorometer. The molar ratio of niosomes to DPH was 300:1. One millimolar of DPH in THF was added to 10 ml of the niosomal dispersion. The mixture was incubated for 24 h at  $37 \pm 1$  °C. The microviscosity of niosomal membrane was determined by fluorescence polarization (*P*) which was calculated according to the following equation previously described [\(Prendergast et al., 1981; Roy et al., 2005\).](#page-7-0)

$$
P = \frac{(Ip - GIv)}{(Ip + GIv)}
$$

where *I*p and *I*v were the fluorescence intensity of the emitted light polarized parallel and vertical to the exciting light, respectively, and *G* was the grating correction factor. The fluorescence

intensities *I*p and *I*v were measured at various temperatures by a spectrofluorophotometer. The excitation and emission wavelength were 350 and 450 nm, respectively.

## **3. Results and discussion**

# *3.1. Comparison of trapping efficiency of glucose in niosomes*

The trapping efficiency of glucose in niosomes depended on the molar ratios of Tween61 and cholesterol and the amounts of ethanol. Fig. 1 showed the effects of ethanol contents and the molar ratios of Tween61/cholesterol on trapping efficiency of glucose in niosomes. With the absence of cholesterol, the niosomal vesicle could not be formed from 20 mM solution of Tween61 by the conventional chloroform film method with sonication and the  $\sec O_2$  method. This has agreed with our previous study ([Manosroi et al., 2003\).](#page-7-0) The packing properties of the lipid (cholesterol) and the surfactants depend on the hydrophilic–lipophilic balance (HLB), the gel–liquid transition temperature (Tc) of the surfactants and the critical packing parameter (CPP) value which can be calculated from ν/*a*0*l*<sup>c</sup> (where  $a_0$  is a hydrophilic surface area,  $\nu$  is the volume of the hydrocarbon chain and *l<sub>c</sub>* is the length of the hydrocarbon chain). The surfactants can form the bilayer vesicles of the condition at  $1/2 < v/a_0 l_c < 1$ . Similar to liposomal structures, the addition of cholesterol (a rigid steroid molecule) to the surfactant was required to form a stable non-ionic surfactant-based vesicle [\(Van](#page-7-0) [Hal et al., 1996; Otake et al., 2006a, b\).](#page-7-0) Cholesterol can stabilize the bilayer structure by eliminating the phase transition temperature (Tc) peak of the vesicles, thereby strengthening the bilayer structures. The suitable molar ratio of Tween61/cholesterol to form niosomes was determined by the physical stability (dispersibility) and trapping efficiency of a water-soluble substance in vesicles. Tween61/cholesterol at 1:1 molar ratio prepared by the conventional chloroform film method with sonication and the  $\sec O_2$  method without ethanol demonstrated higher trapping efficiency of glucose than other molar ratios (Fig. 1).

Tween61/cholesterol at 1:1 molar ratio was selected to prepare niosomes by the  $\sec O_2$  method with ethanol. The trapping



Fig. 1. Effects of molar ratios of Tween61/cholesterol prepared by  $\sec O_2$  without ethanol, the conventional chloroform film method with sonication and the  $\sec CO_2$  with 10% (w/w) of ethanol on trapping efficiency of glucose in niosomes.



Fig. 2. Effects of ethanol contents on trapping efficiency of glucose in niosomes (Tween61/cholesterol 1:1 molar ratio) prepared by the  $\sec O_2$  method (60 $\degree$ C, 200 bar).

efficiency of  $D-(+)$ -glucose in niosomes prepared by scCO<sub>2</sub> with ethanol had gradually increased and shown maximum value at 10% (w/w) of ethanol (Fig. 2) thus the niosomes prepared by  $\sec CO_2$  with 10% (w/w) was performed for entrapping efficiency determination compared with the conventional chloroform film method with sonication and the  $scCO<sub>2</sub>$  without ethanol. The trapping efficiency of  $D-(+)$ -glucose in Tween61/cholesterol (1:1) niosomes prepared by the  $\sec O_2$  method with 10% (w/w) ethanol are  $12.22 \pm 0.26\%$  statistically higher than that prepared by the conventional chloroform film method with sonication and the  $\sec O_2$  method without ethanol (Table 1). From visual observation in the view cell, the mixture of Tween61 and cholesterol had low solubility in  $\sec O_2$  fluid. Addition of ethanol, as a co-solvent, has increased the solubility of the mixture. However, high ethanol contents can disrupt the vesicles. The proper amount of ethanol at  $10\%$  (w/w) for the niosomes composing of 20 mM of Tween61/cholesterol at 1:1 molar ratio gave the highest trapping efficiency of glucose.

## *3.2. Particle size and niosomal morphology*

In general, the efficiency of substances entrapped in bilayer vesicles depends on vesicular lamellarity, particle size and size distribution. Table 2 showed the particle size of niosomes prepared by the conventional chloroform film method with son-

Table 1

Effects of preparation method on trapping efficiency of glucose in niosomes (Tween61/cholesterol at 1:1 molar ratio)

Method	Trapping efficiency $(\%)^a$
Conventional chloroform film method with sonication	$10.85 \pm 0.24$
$\sec CO2$ method without ethanol $\sec CO_2$ method with 10% (w/w) of ethanol	$8.4 \pm 1.6$ $12.22 \pm 0.26$

<sup>a</sup> Mean  $\pm$  S.D. of the percentage of trapping efficiency of glucose in niosomes prepared by the conventional chloroform film method with sonication,  $\sec O_2$ method without ethanol and with  $10\%$  (w/w) of ethanol indicating significantly difference  $(p < 0.05$ , ANOVA with LSD test).

#### Table 2





ication, the scCO<sub>2</sub> method without ethanol and with  $10\%$  (w/w) ethanol observed by dynamic light scattering apparatus. The size distribution of the vesicles prepared by all methods exhibited a broad distribution. The results reveal that niosomes prepared by the  $\sec O_2$  method with 10% (w/w) of ethanol and without ethanol were larger in size than those prepared by the conventional chloroform film method with sonication. This may be due to the different mechanisms of vesicle formation owing to the different preparation techniques. Imura et al. have reported that the mechanism of vesicle formation by the  $\sec O_2$  method was similar to the reverse phase evaporation (REV) method which yielded the large unilamellar vesicles (LUVs) with sizes ranging from 0.1 to 1  $\mu$ m [\(Imura et al., 2003; Lasic, 1988\).](#page-7-0) The smaller vesicles were obtained from the conventional chloroform film method with sonication because of size reduction by a ultrasonication probe. Although the particle size of the conventional niosomes is smaller than that of  $\text{scCO}_2$ -treated niosomes, the scCO<sub>2</sub>-treated niosomes were in the nanosize range of about 200 nm, which were still advantageous for transdermal delivery. More importantly, the entrapment efficiency of the hydrophilic drug (glucose) in the  $\sec O_2$ -treated niosomes was significantly higher than the conventional niosomes. However, it is possible to prepare niosomes with smaller size distribution. Ultrasonication ([Chattopadhyay and Gupta, 2002\)](#page-6-0) or polycarbonate extrusion method [\(Patty and Frisken, 2003\)](#page-7-0) can be used together with the scCO<sub>2</sub> process in order to obtain a smaller size distribution of niosomes.

The morphology of niosomes prepared by the three methods was observed by FF-TEM [\(Figs. 3 and 4\)](#page-4-0). Niosomes by the conventional chloroform film method with sonication were both unilamellar and multilamellar structures ([Fig. 3\),](#page-4-0) while those by the  $\mathrm{scCO}_{2}$  method with or without ethanol were LUVs ([Fig. 4\) w](#page-4-0)hich were the appropriate structure for encapsulation of hydrophilic molecules. The results of vesicular sizes and morphology of niosomes appeared to support the higher trapping efficiency of glucose in niosomes prepared by the  $\sec O_2$  with ethanol.

#### *3.3. Thermal analysis*

Differential scanning calorimetry (DSC) was performed to investigate gel–liquid transition temperature of niosomes. The phase transition temperature was widely known as the temperature that induces a changing of lipid physical state from gel phase, closely packed molecule, to liquid crystalline phase, loosely packed molecule and fluid. The non-hydrated non-ionic

<span id="page-4-0"></span>

Fig. 3. (A) Freeze fracture TEM and (B) cryo TEM images of niosomes (20 mM Tween61/cholesterol 1:1 molar ratio) prepared by the conventional chloroform film method with sonication.

surfactants with stearyl chain (C18), such as Tween61, Span60 and Brij 72 show phase transition temperature (Tc) at 40.6, 45 and 40, respectively and can form the vesicles without cholesterol ([Manosroi et al., 2003\).](#page-7-0) For the hydrated surfactants and in the vesicular forms, it has been found that polyoxyethylene monostearyl ether  $(C_{18}EO_6)$  niosomes prepared by the supercritical reverse evaporation (scRPE) method showed a broad and small peak while those prepared by the conventional choloroform film method with sonication gave a sharp and large peak [\(Ri et al., 2005\).](#page-7-0) Infact, large unilamellar liposomes show a broad and small peak and the mulitilamellar vesicles (MLVs) give a sharp and large peak [\(Takaichi et al.,](#page-7-0) [1992\).](#page-7-0) However, the hydrated Tween61 mixed or not mixed with cholesterol have never been determined. In our experiment, cholesterol has been incorporated in Tween61 at the molar ratios of Tween61/cholesterol at 1:0, 3:1, 1:1, 1:3 and 0:1 and the thermal analysis has been performed. [Fig. 5.](#page-5-0) shows DSC curve of niosomes composing of Tween61/cholesterol (20 mM) at 1:0, 3:1, 1:1, 1:3 and 0:1 molar ratio prepared by  $\sec O_2$  method without ethanol. As known, cholesterol can stabilized the vesicular membrane. Similar to liposomes ([Albertini et al., 1990;](#page-6-0) [Lian and Ho, 2001\),](#page-6-0) cholesterol incorporated niosome, Tc of Tween61 niosomes disappear, and do not shift to higher temperature when mixed with cholesterol. The Tc of the hydrated Tween61 without cholesterol in the form of vesicles showed too small peak that cannot be clearly seen. This may be due to not only the effects of the large unilamellar vesicular structure, but also the more rigidity of the polar head group of Tween61 when hydrated and interacted with the water molecule by hydrogen bonding as well.



Fig. 4. Freeze fracture TEM images of niosomes (20 mM Tween61/cholesterol 1:1 molar ratio) prepared by (A) the scCO<sub>2</sub> method without ethanol and (B) the  $scCO<sub>2</sub>$  method with 10 % (w/w) of ethanol.

<span id="page-5-0"></span>

Fig. 5. DSC curve of niosomes composing of Tween61/cholesterol (20 mM) at 1:0, 3:1, 1:1, 1:3, 0:1 molar ratio prepared by  $\sec O_2$  without ethanol.



Fig. 6. The relationship between temperatures and fluorescence polarization of niosomes (20 mM Tween61/cholesterol 1:1 molar ratio) prepared by the  $\mathrm{scCO}_2$ with 10 % (w/w) ethanol.

#### *3.4. Microviscosity of niosomal membranes*

As known, the microviscosity which is directly correlated to the fluorescence polarization indicates the information of packing structure of the vesicular membrane. In Fig. 6, the fluorescence polarization of DPH in the niosomal mem-

Table 3

Physical appearances of niosomes (Tween61/cholesterol at 1:0, 3:1, 1:1, 1:3 and 0:1 molar ratio) entrapped with  $D(-+)$ -glucose prepared by the conventional chloroform film method with sonication and the scCO<sub>2</sub> method without and with 5, 10 and 15% (w/w) of ethanol at initial and after 1, 3 and 7 days at 25 °C by visual observation

Preparation method	Tween61/cholesterol molar ratio	Sedimentation <sup>a</sup>			
		Initial	1 day	3 days	7 days
The conventional chloroform film method with sonication	1:0				
	3:1				
	1:1				
	1:3				
	0:1				
$\sec CO_2$ method without ethanol	1:0				
	3:1				
	1:1				
	1:3				
	0:1				
$\sec CO_2$ method with 5% (w/w) of ethanol	1:1				
$\sec CO_2$ method with 10% (w/w) of ethanol	1:1				
$\sec CO_2$ method with 15% (w/w) of ethanol	1:1				

<sup>a</sup> *Note*: •, represents sedimentation; –, represents no sedimentation.

branes prepared by  $\sec O_2$  method without ethanol gradually decreased and became constant with increasing temperature. This temperature dependence of microviscosity by fluorometry of 1:1 Tween61/cholesterol niosomes as seen in Fig. 6 is quite similar to the phase transition behavior of niosomal membrane observed by DSC as seen in Fig. 5. The microviscosity measurement of Tween61/cholesterol (at 1:1 molar ratio) bilayer vesicles prepared by the conventional chloroform film method with sonication has been previously presented ([Manosroi et al., 2003\).](#page-7-0) The membrane microviscosity of niosomes slightly decreased with the increased temperature which is similar to our niosomes prepared by  $\sec O_2$  method without ethanol.

#### *3.5. Dispersibility of niosomes*

The physical appearances of Tween61/cholesterol (20 mM) niosomes at 1:0, 3:1, 1:1, 1:3, 0:1 molar ratios entrapped with  $D-(+)$ -glucose prepared by the conventional chloroform film method with sonication and the  $\sec O_2$  method were determined by virtual observation (Table 3, [Fig. 7.\)](#page-6-0). Tween61 alone (without cholesterol) can not form stable vesicles. The addition of cholesterol in niosomal composition increased trapping efficiency ([Fig. 1\).](#page-2-0) Niosomes which gave the best dispersibility and the highest trapping efficiency were those from the mixture of Tween61 and cholesterol at 1:1 molar ratio. Niosomes composing of Tween61/cholesterol at 1:1 molar ratio by the scCO<sub>2</sub> method without ethanol had lower physical stability and less trapping efficiency than those by the conventional chloroform film method with sonication. However, with ethanol at  $10\%$  (w/w), niosomes appeared to be more physical stable than those without ethanol, and with 5 and 15  $\%$  (w/w) ethanol (Table 3, [Fig. 7\)](#page-6-0). After 1 and 3 days at  $25^{\circ}$ C, the niosomal dispersions by the  $\sec O_2$  method without and with ethanol, respectively separated into two phases, due to the aggregation and fusion of the niosomes. Hence, niosomal dispersions by the conventional chloroform film method with sonication showed better dispersibility than those by the  $\rm{scCO_2}$  method either with

#### Conventional chloroform film method with sonication

<span id="page-6-0"></span>

Fig. 7. Physical appearances of Tween61/cholesterol (20 mM) niosomes at 1:1 molar ratio entrapped with  $D-(+)$ -glucose prepared by the conventional chloroform film method with sonication,  $\sec O_2$  method without and with 10 % (w/w) of ethanol at initial and after 1, 3 and 7 days at 25 ◦C.

or without ethanol. The sonication of the niosomal dispersion reduced the size of the vesicles, thereby increasing dispersibility of the vesicular dispersion. Although the particle size of  $\text{scCO}_2$ treated niosomes was larger than conventional niosomes, but their size existed in nano-range with statistically higher trapping efficiency of hydrophilic drug that can be developed and applied for transdermal delivery system. For the practically use as the carrier, the dispersion stability of  $\text{scCO}_2$ -treated niosomes will be improved with smaller particle sizes using ultrasonication (Chattopadhyay and Gupta, 2002) and narrower size distribution using polycarbonate extrusion method [\(Patty and Frisken,](#page-7-0) [2003; Bosworth et al., 1982\) c](#page-7-0)ombined with  $\sec O_2$  method with ethanol.

## **4. Conclusion**

This study has aimed to increase the trapping efficiency of the water-soluble compound in niosomes, non-ionic surfactant bilayer vesicles, by a novel  $\sec O_2$  technique. We have found that the  $\sec O_2$  method can be used to prepare niosomes composing of Tween61 and cholesterol at 1:1 molar ratio. The trapping efficiency of glucose, a water-soluble compound in niosomes was enhanced by the  $\sec O_2$  method with the maximum entrapment with ethanol at  $10\%$  (w/w). However, without ethanol, the  $\sec O_2$  method appeared not to be a superior method for niosomal preparation since the solubility of the surfactant–lipid mixture in  $\sec O_2$  was low. This is similar to liposome preparation by this method. Thus, ethanol is required to be a co-solvent for Tween61 and cholesterol mixture to obtain a homogeneous niosomal dispersion. Tween61/cholesterol niosomes prepared by the  $\sec O_2$  method with and without ethanol were in large unilamellar niosomes and broad size distribution with the average diameter of  $271.9 \pm 159.6$  and  $202.5 \pm 136.7$  nm, respectively, whereas those prepared by the conventional chloroform film method with sonication were both in multilamellar and unilamellar structure with the average diameter of  $58.4 \pm 74.6$  nm. Niosomes prepared by the conventional chloroform film method with sonication which had smaller particle size gave better dispersibility than those prepared by the  $\sec O_2$  either with or without ethanol. The clearly physical state, gel–liquid crystalline phase, of the niosomes was not observed by both the thermal analysis and the microviscosity assay because of the intercalation of cholesterol between the non-ionic surfactants. This study has demonstrated the enhancement of the trapping efficiency of water-soluble compounds in niosomes by the  $\sec O_2$  method with 10% (w/w) of ethanol as a co-solvent. However, the broad vesicular size distribution was obtained. The combination of  $\sec O_2$  method with sonication or polycarbonate extrusion method to get a smaller size distribution is suggested.

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